

Lysander Parks & Recreation 2016 Summer Brochure

Registration Begins:

May 9, 2016

Office Hours: Monday - Friday
9:00 AM to 4:30 PM

Address: 8220 Loop Rd.
Baldwinsville, NY 13027

Office Phone: 635 - 5999 Office Fax: 635 - 1619

Web Site: www.townoflysander.org

E-mail: recreation@townoflysander.org

~ Like us on Facebook! 'Town of Lysander Parks and Recreation' ~

Recreation Program Director: Tony Burkinshaw

Administrative Assistant: Terrie Massaro

Town Supervisor: Joe Saraceni

Town Board: Roman Diamond, Bob Ellis, Bob Geraci & Peter Moore



Baldwinsville Concert Series Partnership



Join the Baldwinsville Concert Series Partnership - a collaboration between Lysander Parks & Recreation, Van Buren Parks & Recreation and the Baldwinsville Public Library! We provide **FREE** outdoor concerts to the community during the summer at Paper Mill Island on Tuesday evenings that feature a variety of music.



THANK YOU FOR YOUR CONTRIBUTIONS TO THE BALDWINSVILLE SUMMER CONCERT SERIES



BENEFACTORS

Autumn Starr
Baldwinsville Gentle Dentistry
Falardeau Funeral Home, Inc.
Indian Springs Mfg. Co., Inc.
Kim Setla
Lou's Car Care Center, Inc.
Multimed Billing Services, Inc.
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SPONSOR

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Mark & Sandy Baker
Barnes Memorials
Burkinshaw Family
Cathy & William Perkins
Karen & Steve Pfanenstiel
Jack & Pat Pidgeon

PARTNERS

B. Dean Johnson, Architect
Elaine McMahon & Family
Hudson & Mowins
Linda's Little People

2016 Concert Line Up

ALL CONCERTS START AT 6:30 pm

Tuesday, June 21 - Baldwinsville Marching Band

Tuesday, June 28 - Thunder Canyon

Tuesday, July 12 - Long Time Coming

Tuesday, July 19 - Moonshine River Band

Tuesday, July 26 - The Horn Dogs

Tuesday, August 2 - Hard Promises

All concerts will be held at Paper Mill Island. Rain location for all concerts will be at the *Sud's Factory at the River Grill* in Baldwinsville, except June 21.

There will be food, ice cream and beverages available at the concerts on Paper Mill Island.

~ Bring your lawn chair or blanket & enjoy these **Free** Tuesday evening concerts ~



LYSANDER DAY CAMP

July 11 - August 19 2016
(6 weeks)

Completion of Grades: Kindergarten - 6th

NEW Held at Lysander Town Park
8439 Smokey Hollow Rd

REGULAR DAY CAMP: 9:00 AM to 3:00 PM
\$110.00/week
(Includes Field Trip)

2016 Field Trips:

- Week 1: Swimming at Van Buren Pool
- Week 2: FunFlicks Video Games & More
- Week 3: Abbott Farms & Blueberry Picking
- Week 4: WonderWorks
- Week 5: FunFlicks Video Games & More
- Week 6: Swimming at Green Lakes State Park

EXTENDED DAY CAMP: 7:30 AM to 6:00 PM

NEW AM Extended **\$135.00/week**
(7:30 AM to 3:00 PM)

OR

NEW PM Extended **\$175.00/week**
(9:00 AM to 6:00 PM)

OR

Both AM & PM Extended **\$200.00/week**
(7:30 AM to 6:00 PM)

Includes Regular Day Camp
(LDC Closes at 6:00 PM)

Registration forms and information are available
at www.townoflysander.org

Counselor In Training (CIT'S)

July 11 - August 19, 2016
(6 weeks)

Completion of Grades: 7th - 10th

This program runs in conjunction with our Day
Camp Program at Lysander Town Park.

CIT's will be paired with Group Counselors and are
mentors to the younger campers within their group.

All kids interested in becoming a CIT will submit an
application and be interviewed before being
accepted into the CIT program.

You will be asked to indicate which weeks you
would like to be placed in. Please keep your
summer vacation plans in mind when filling out your
application.

**This is a commitment to be helpful to our
counselors and our campers. If you're unable to
come to camp you will be greatly missed.**

The fee is \$30.00 per week.

Please see the information on the left for dates and
times.

Applications will be available on our website:
www.townoflysander.org





Family Fun Day

Once a month, Lysander Parks & Recreation is proud to host a family fun day. These special events will provide your family with opportunities to spend time together and create memories, all at Lysander Park!

As part of our 7-month family fun day event schedule, we are creating Fun Day Passports. Attend all of our events, get your passport stamped, and your family can be entered into our raffle for a free pavilion rental!

You can pick up your Family Fun Day Passports at our office (Monday thru Friday from 9:00am to 4:30 pm) or at our first event!

Thinking of Mom

Sunday, May 1, 2016

Mother's Day is quickly approaching, come decorate a flower pot and plant a flower. A perfect gift for any mom!

11:00am to 1:00pm Maximum 24 children
(Pre-registration required)

Cost: \$5 one gardener/\$8 two gardeners/\$2 each additional

Located in the Community Room

Family Picnic Day

Saturday, June 18, 2016

Our Family Picnic and Bike ride is a perfect way to explore our bike trail and enjoy a pack-your-own lunch with your family.

11:00am to 1:00pm

Free for all!

I Scream, You Scream, We all Scream for Ice Cream!

Sunday, July 17, 2016

A Family Sports Day and Ice Cream Social is a great way to play games like KanJam, Tennis, and Basketball as well as have access to all of our sports fields.

11:00am to 1:00pm

Cost: \$5 one person/\$8 two people/\$2 each additional
(Pre-registration Required)



Firefly Walk
Friday, August 19, 2016

Enjoy a Moonlight walk along our trail and catch fireflies with your family! Glow sticks will be provided (first come first serve), but we suggest a flashlight, a net, and a jar as well.

8:00pm to 9:00pm

Free for all!

Movie Under the Stars
Sunday, September 4, 2016

Family Movie Night Under the Stars in Lysander Park is a great way to end summer and kick off the school year!

Movie starts at approximately

7:30pm or Dusk

Free for all!

Paint a Pumpkin
Sunday, October 23, 2016

Come paint pumpkins with us at Lysander Park, a great way to decorate for Halloween and spend time together!

11:00am to 1:00pm Maximum 24 children

(Pre-registration Required)

Cost: \$5 one painter/\$8 two painters/\$2 each additional

All activities will be held in the Small Pavilion located at Lysander Park unless otherwise noted
We kindly ask you to pre-register for selected activities so we have the appropriate supplies.

To register contact Lysander Parks and Recreation at (315) 635-5999, or visit our website!





GEMS Summer Camp

Girls Engaged in Math & Science

Open to girls entering grades 5 - 8

Explore engineering, technology, math & science

in sessions led by two certified Library Media Specialists: Lindsay Cesari and Leslie Cartier

Located at
Durgee
Junior
High
School



For more
information
contact
Lysander
Parks
and
Recreation
(315)635-5999

\$ 70.00
Per Child

SESSION I: JULY 25 TO JULY 29, 9:00AM TO 12:00PM

SESSION II: AUGUST 1 TO AUGUST 5, 9:00AM TO 12:00PM

Little Kids Big Trucks

Calling children of all ages. Come out to Lysander Park and check out vehicles and equipment that you have only dreamt of one day operating. Climb into the cab of a big rig, see the inner workings of a fire truck, or even look into an ambulance. This event is sure to include something the whole family will enjoy.



DATE: **Saturday, June 4, 2016**
LOCATION: Lysander Town Park
8439 Smokey Hollow Rd
TIME: 10:00 am to 4:00 pm
FEE: **FREE!**

There will be concessions for purchase

Sponsored by:

**GYPSUM[®]
EXPRESS LTD.**
Our Drivers Make The Difference ...



LEGO® Camp

Use the FORCE of creativity during this Star Wars® themed workshop which includes a variety of creative activities to capture your child's imagination. Children will develop their force in a range of Star Wars® related activities. The curriculum has been designed to enable pupils to learn how to draw their favorite Star Wars characters, act out famous scenes in fun drama sessions, play sports related Star Wars games, develop skills to spin light sabers and much more to further develop their interest and knowledge of Star Wars.

DAY: Wednesday
DATES: August 3, 2016
TIME: 9:00 to 4:00 pm
AGES: 5-14 yr. olds
PLACE: Lysander Town Hall
LOCATION: Large Group Room
FEE: \$45
(Min # 10, Max # 30)



Summer Art Camp

Young artists will explore famous artists and various art making techniques in this one week art camp. Come prepared to be creative and have fun!! This camp will cover drawing with oil pastel, water colors, printmaking techniques, improving drawing skills, book making and an art reception for the parents.

DAYS: Monday - Thursday
DATES: July 11- 14, 2016
AGE: 4 - 6 yrs old **Or** **AGE:** 7 - 10 yrs old
TIME: 9:00 am to 10:00 am **TIME:** 10:30 am to 12:00 pm
FEE: \$49.00 per student **FEE:** \$59.00 per student

PLACE: Lysander Town Hall
8220 Loop Rd
LOCATION: Large Group Room
(Min. # 7, Max. # 15)



Camp Crayola®

A pre-school Camp for your 3 to 5 year olds. Each day will have a different theme. There will be a lot of games, crafts and activities to enjoy. Supervisor for this program will be Lynn Pinard. We are also looking for "Big Brothers or Big Sisters" to help us out during the program, they must be at **least 12 years old**. Material will be the same during both sessions, no need to register for more than 1 session.

DAYS: Monday - Friday
DATES: June 27 - July 1, 2016
AGE: 3-5 yrs old
TIME: Session I: 9:30 am to 11:30 am
Session II: 12:30 pm to 2:30 pm
FEE: \$65 per student
PLACE: Community Room @ Lysander Town Park
8439 Smokey Hollow Road
(Min. # 7, Max. # 15)





willPower & grace®

willPower & grace® is a full-body cardio workout that strengthens and tones your entire body - all the way down to your feet! It combines elements of yoga, Pilates and calisthenics. It's hot, sweaty and strong! In one hour you will work virtually every part of your body. Students will get their cardio AND flexibility in one class; toning, strengthening and enhancing balance - and it's all done **barefoot**. You might want to bring some water because you will work hard! In case of inclement weather, bring your mat and we'll have class either in the pavilion or community room. Instructor will be Phyllis Amaral.

DAYS: Wednesdays

DATES: June 22– July 27
TIME: 5:30 pm to 6:30 pm
AGES: 13 & up

LOCATION: Small Pavilion
 Lysander Town Park
 8439 Smokey Hollow Road

FEE: \$58.00 for all 6 classes



Yoga at Lysander Town Park

Join us Sunday mornings for 'Yoga in the Park with Phyllis'. Experience a new dimension in Yoga! Bring your mat and an attitude of curiosity; be prepared to explore the environment with all 5 senses and perhaps become more engaged and more focused than you have in a long time. All levels are welcome. Instructor will be Phyllis Amaral.

DAYS: Sundays

DATES: June 19– July 31
 (No class on July 3)

TIME: 9:00am to 10:00am

AGES: 13 & up

LOCATION: Small Pavilion
 Lysander Town Park
 8439 Smokey Hollow Road

FEE: \$58.00 for all 6 classes



Yoga Fit & Flow

Join us as we explore a different theme each week; you'll meet new friends and see what practicing Yoga - safely can do for YOU! Yoga is made to fit YOUR body, not the other way around. You will enter a judgment-free zone, free to explore within and without; to reach, grow, reflect, rest, stretch – or just breathe; it's your time. Bring your mat or use one of ours. All levels are welcome and you can join at any time. Instructor will be Phyllis Amaral.

DAYS: Saturdays

DATES: Ongoing (join any time)
TIME: 8:30 am to 9:30 am
AGES: 13 & up

LOCATION: Willow Health & Wellness Center
 3090 Belgium Rd, Baldwinsville, NY
FEE: \$58.00 for any 6 classes



Movement Efficiency

Whether you're a novice exercise or runner, or an experienced athlete, this class is for you! Improve intrinsic core stability and strength, balance, speed, power, performance, and most of all – DEVELOP OPTIMAL MOVEMENT EFFICIENCY!

Our feet are the foundation to our movement. Our foot posture and foot bio-mechanics determine the efficiency of every move we make. The majority of people in our society are moving with inefficiency, frequently experiencing knee, hip or low back pain, plantar fasciitis and many other issues. In this unique class you will experience the benefits of evidence-based programming designed to improve and optimize your movement efficiency – all through barefoot training!

DAYS: Saturdays

DATES: Ongoing (join any time)
TIME: 9:30 am to 10:30 am
AGES: 13 & up

LOCATION: Willow Health & Wellness Center
 3090 Belgium Rd, Baldwinsville, NY
FEE: \$58.00 for any 6 classes

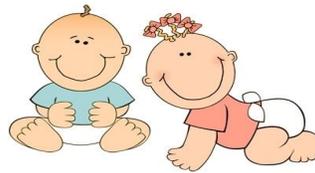
Tai Chi In the Park

Join us for this soft and gentle form of exercise with many health benefits. Tai Chi is *gentle on joints*, and *improves balance, core and leg strength, endurance, mind and mood*. This slow-moving series of movements is low-impact and can be practiced by people of all ages and abilities. Tai Chi is a relaxing way to alleviate the effects of stress and improve your overall health and energy level. This 6-week session will be held outdoors, with a contingent rain location.

DAY: **Mondays**
DATE: June 6– July 18
(No class on July 4)
TIME: 6:15 pm to 7:15 pm
PLACE: Lysander Town Park
8439 Smokey Hollow Road
(Rain Location- Small Pavilion)
FEE: \$40.00
(Min. # 5, Max. # 10)



Red Cross Babysitting Course



This class is all about planning for a babysitting job. Knowing what to expect of children, how to supervise them, help them select toys & games. Caring for infants and children, preventing accidents, giving first aid, rescue breathing, and feeding them will also be covered. Students who complete the course will receive a resource book full of pertinent information, as well as a certificate of completion. Please bring a bag lunch.

You must be 11 years old BEFORE the program starts!

DAY: **Wednesday**
DATES: June 29, 2016
PLACE: Lysander Town Hall
8220 Loop Road
LOCATION: Large Group Room
TIME: 9:00 am to 4:00 pm
FEE: \$92.00 (Min. # 6, Max. # 15)

SummerFit Boot Camp



Smokey Hollow CrossFit is offering a 3-month SummerFit Bootcamp, with classes running 3 days per week. Classes will be body weight focused interval circuit training performed at relative intensity. Classes will be 60 minute, small group, instructor lead sessions.

Also being offered is a Summer special for Students. With a proper student ID Smokey Hollow CrossFit will provide an unlimited membership for \$65 a month (during the months of June, July, and August) or \$150 for all three months.

DAY: **Tuesdays & Thursdays & Saturday**
TIMES: 6:00 am or 10:30 am 9:30am
DATES: June 7 - July 9, 2016
PLACE: Smokey Hollow CrossFit
68 Smokey Hollow Rd
AGE: 12 years old & up
FEE: \$75.00 per month
Or \$185.00 All 3 Months
(Max. # 20)

Timber Banks Junior's Golf Clinic

This beginner level Golf Clinic is for Juniors, ages 6 - 18 and will run for 2 weeks. Again this year we have available youth golf clubs through the Sticks for Kids program, allowing your child to learn the game of golf without buying kids clubs. These clubs will be loaned on a first come, first serve basis, with a security deposit of \$40 by check, made out to the Town of Lysander. Please contact the Parks & Recreation Office for availability. Clubs will be yours to use for your lessons for 2 weeks and to be returned the day after the lessons are over.



DAY: **Tuesdays & Thursdays**
AGES/TIMES: 6 - 12 yrs old 5:00 to 6:00 pm
13 - 18 yrs old 6:15 to 7:15 pm
DATES: June 28 and June 30 & July 5 and July 7
PLACE: Timber Banks Golf Course
FEE: \$85.00
CLUB FEE: \$10.00 fee for golf clubs
\$40.00 security deposit
(Min # 5, Max # 16)



HAPPY SUMMER !
From
Lysander Parks & Recreation



Boater's Safety Course

The Boating Safety Course is a one day training focusing on the importance of safety on the water. This course will require all participants to pass an exam to receive their certification, and also meets the regulations to operate all personal watercraft. The course is run by CNY Navigation and Sheriff Wright, who can inform participants of their rights and the laws on the water ways. There will be a 1 hour break for lunch.

DAYS: Saturday

DATES: June 25, 2016
TIME: 8:00 am to 4:00 pm
AGES: 10+

LOCATION: Lysander Town Hall Auditorium

FEE: \$35.00
(Min # 15, Max # 50)



Juniors Tennis
Mondays

Group lessons for ages 5 & up will be offered at the Beginner & Intermediate levels. These will be four, one (1) hour lessons (4 weeks)

DAY: Mondays

DATES: Session I: June 27 - July 18
(July 4th class will be held July 6)
Session II: July 25 - Aug. 15

TIME: Pee Wee (Ages 5 - 7) 5 to 6 pm
Rookies (Ages 8 - 11) 6 to 7 pm
Rippers (Ages 12 - 15) 7 to 8 pm

LOCATION: Lysander Town Park

FEE: \$66.00



All Lessons are taught by Chris Galle - a USTPA Certified Professional (or another professional Instructor from Tennis-n-Gear).

**LITTLE
EXPLORERS**



This **Free** program is for you to bring your little explorers out to play. Come and explore Lysander Town Park and our 20'x46' sandbox play area. You never know when or what you may find in our sandbox! Sand-toys will be available on a first come basis. We will ask that you sign in before participating so we can keep track of who is coming, and so we can keep you better informed of upcoming programs and events!

**Every Thursday between
April 7th and July 7th**

**Lysander Town Park
8439 Smokey Hollow Road
10:00am to Noon**

For more information contact Lysander Parks and Recreation (315) 635-5999



MOVIES IN THE PARK

Join FunFlicks of Syracuse at Lysander Town Park for two movie nights!
Bring the whole family together to enjoy an outdoor movie for **FREE**.
(Be sure to bring lawn chairs or blankets to sit on.)

Located at:
Lysander Town Park
8439 Smokey Hollow Road



PLEASE READ

Both movies will be
family based
and will not be
determined until the week
before the show.



Sunday

July 3, 2016 (rain date: July 10)

-AND-

September 4, 2016 (rain date: September 5)

Movies start at dusk
All ages welcome!

Sponsored By:



FUNFLICKS[®]
OUTDOOR MOVIES

POLICIES & THINGS YOU NEED TO KNOW

Visit the Town Of Lysander website for up-to-date program information, events, town news, Town Board and Planning Board Meeting notices & much more:

www.townoflysander.org

CHECK THIS OUT

When you register for any of our terrific programs at Lysander Parks & Recreation don't wait by your phone or mailbox, the only time you will hear from us is:

- * If there is a change in time or day
- * If the class is full
- * If you send a self-addressed stamped envelope, we will mail you a paper copy of your receipt.

So, if it's almost time for your class/program and you haven't heard from us, it means you're in, but if you are unsure you can always call us during office hours, Monday - Friday 9:00 AM to 4:30 PM at 635-5999.



Monday - Friday
9:00 AM to 4:30 PM.

We will be closed on: **5/30, 7/4 & 9/5/16**

LYSANDER PARK HOURS:

April 18 - October 31, 2016
Monday - Sunday, 9:00 AM to Dusk



Community Room for Rent

Our community room at Lysander Park is available to rent from *May to October* for those special events and gatherings that you want to have indoors. The room will hold up to 50 people with 7 tables & 50 chairs, and is equipped with a small sink with counter space, electricity and ceiling fans. Outside the building will be a picnic table and charcoal BBQ grill. Information is posted on our website at www.townoflysander.org

REGISTRATION INFORMATION

Registration is on a first come, first served basis. Pre-Registration is **REQUIRED** to attend a program. One person per form please (may be duplicated). **NO** registration accepted by phone unless you are using a credit card - see form. All programs are run on a self sustaining basis. We **MUST** have sufficient numbers registered to cover the cost of the program. We reserve the right to cancel or combine classes if necessary.

** Programs **DO NOT** carry accident insurance. **

REFUND POLICY

If a program is cancelled due to insufficient enrollment you will receive a full refund. Refunds for participant cancellation will be given until the day after the first class, minus a \$10.00 cancellation fee. **NO** refunds will be given after that or if a cancellation puts us below the minimum number required to run the program. **NO** refunds given for "one time" programs unless cancelled in advance. (See separate Day Camp Policy)

Bounced Check Fee: \$ 20.00

Pavilion Use

Small Pavilion



Rotary Pavilion



Lysander Park has two picnic pavilions that are available for daily use by park users (the Rotary Club of Baldwinsville donated the main pavilion & put an addition on in 2007). They are also available on a reservation basis through the park office at 635-5999. Please call the Park office for reservation fees. The Rotary Pavilion has 8 picnic tables, 2 small barbecue grills and electricity. The small pavilion has 4 tables, a BBQ Grill but no electricity. When not reserved, the pavilions are available on first come, first served basis.

Please Note: There is **NO ALCOHOL** or **DOGS** allowed in the park and **NO SMOKING** is allowed in the pavilions or playground!

Lysander Parks & Recreation
8220 Loop Rd
Baldwinsville N.Y. 13027
(315) 635-5999, Fax # (315) 635-1619
Email: recreation@townoflysander.org

PROGRAM REGISTRATION FORM

Registration Information: All programs are on a first come, first served basis. You must register & pay before attending any program. You can register by Mail, by email or in person to the addresses above. Make checks payable to the *Town of Lysander* Bounced check fee is \$20.00.

Participants Name: _____ M ___ F ___ Grade: _____
Parent's Name (Please Print) _____
Date of Birth ___/___/___ Age: _____ Phone (w): _____ (h): _____ (c): _____
Address: _____
City: _____ State: _____ Zip: _____
Email Address: _____
Program Name: _____ Session/Time: _____ Fee: _____
Program Name: _____ Session/Time: _____ Fee: _____

Refunds: Full refunds are given if we cancel the class. Refund - minus a \$10.00 administrative fee will be given for checks, cash & credit card payments until the day after 1st class. No refunds for "one time" classes. Photos taken for publicity purposes may be used on the Town Web Site, on our facebook pages, in local newspapers or in our brochures, unless otherwise noted by a parent. As the participant, parent or legal guardian of the above named participant I accept full responsibility for any and all injuries which may arise out of participation in the program(s) being registered for and hereby release the Town of Lysander, its agents and/or employees from any claims of any nature whatsoever arising out of my/my child(ren)'s participation. Consent is hereby granted to allow myself/my child(ren) to participate in the program(s) listed above. There is no medical insurance for any programs. I have read, understand, and agree to the policies listed on this page.

 ~ **Participant and/or Parent Signature** ~ 

~~~~~  
**I understand there will be a 2.45% fee with a minimum service charge of \$3.00 for using a credit car**

Visa    Master Card    Discover    American Express   Expiration date: \_\_\_\_\_

Card #: \_\_\_\_\_ Amount to be charged \$ \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_  
*(Print Clearly Please)*

Card Holder's Signature: \_\_\_\_\_  
*(If printing and mailing registration form)*

~~~~~ **OFFICE USE ONLY** ~~~~~

Date Received: _____

Check: _____ Cash: _____ Charge _____ Amount Received: \$ _____

Receipt # _____