

Canton Woods Newsletter

August 2021

Canton Woods Staff

Ruth Troy: Director

Joan Ferstler: Assistant Director

Phone (315) 638-4536

Open: 8:00am-4:00pm

Visit Canton Woods on the Village of

Baldwinsville Website

www.baldwinsville.org

Neighborhood Advisor

Nancy Sullivan

B'ville Express

Gina Carroll

The Neighborhood Advisor Program and B'ville Express are funded by the Onondaga County Department of Adult and Long-Term Care Services.

Director's Note *Canton Woods returned to normal operations.* The center is open from 8:00am – 4:00pm, Monday -Friday. We are offering a full schedule of programs and activities!

PLEASE NOTE

When you visit the center for the first time you need to sign a waiver and you need to show **Proof of Vaccination.**

- **Fully Vaccinated people:** are not required to wear a mask or social distance. Fully vaccinated people may participate in all programs and activities.

- **Un-Vaccinated persons or persons who decline to show proof of vaccination:** must continue to wear a mask and social distance, they may not participate in activities where social distance cannot be maintained.
- The center will not serve/sell any beverages or serve any food other than the Grab and Go lunch or individually wrapped treats.
- Individuals may bring food / beverage for their personal consumption.

Thank you for your cooperation.

Ruth

ROTARY DUCK RACE!

The Great Seneca River DUCK RACE! Saturday August 14th,

\$5.00 per ticket or \$25.00 for a

Flock of 6. All proceeds from Seneca

River Days support the Baldwinsville

Rotary Club. **You can purchase**

your tickets at Canton Woods and

the Center will receive \$2.00 for

each ticket sold. You do not need to

be present to win.

Walk for the Woods 2021!

Be a part of this annual event in person *or* virtually! **The in-person Walk is Saturday September 18th at 9:00am (rain or shine) starting at Canton Woods.**

The virtual walk is from September 1- September 30! Walk Any day! Any time! Any place! *Walk for the Woods 2021!* Help support your senior center!

Registration forms in this newsletter & on the Village of Baldwinsville website www.baldwinsville.org or by calling the center (315) 638-4536

Assistant Director:

Happy Summer! I hope that you have come back to Canton Woods to participate in your favorite activities. If not, please come back this month. Our folks are having lots of fun playing games and participating in various group activities. If there is a different game or program that you don't see on our calendar that we can give a try, please talk to me. Remember if you have a few folks that want to try something there is a better chance that it will become a regular monthly program. We are always looking for Pinochle & Pitch players! Stay safe and have fun.

Joanie

Winners of the Welcome Back

Raffle sponsored by Canton Woods Senior Activity Committee:
Leonard Myers, Donna Troy, Barb Van Dusen, Suzette West & Janet Wojnovich. Congratulations!

Open Rec on Friday Mornings

includes time to practice pool, play a game of checkers or cards with a friend or a friendly game of pitch or poker.

Neighborhood Advisor / Outreach

Worker the Farmers Market Coupons were distributed on July 23rd. I hope everyone who wanted them was able to get them. Call the center if interested in the coupons, we may have a few left.

We have had some interesting weather so far this summer, but August is traditionally a hot month, so I just want to remind you to stay well hydrated and if you don't have air conditioning you are always welcome to come here to Canton Woods to cool down.

August is Immunization Awareness Month, so it is a good time to check with your Primary Care physician to see if you are all caught up on all the things you need. The pneumonia and shingles shots are important for most of you, and because it only needs to be renewed every 10 years or so, the tetanus shot often gets forgotten.

If you have not gotten your COVID -19 Vaccine, please consider it.

It is also Cataract Awareness Month. If you are having trouble with your vision, even if it is not a cataract issue, think about making an appointment with your vision care specialist. *Nancy Sullivan*

National Grid Consumer

Advocate will be available by calling our Neighborhood Advisor, Nancy Sullivan. If you have questions about your National Grid account, we can seek out help for you.

B'ville Express If you were registered with B'ville Express and wish to resume rides please contact me at the center. We hope to begin transporting folks very soon. If you are interested in driving for B'ville Express, please contact me as well. Thank you. Gina **B'ville Express, Transportation Coordinator**

MOW:

Hello Everyone,
We are having a pulled pork grab-n-go dinner. It includes a pulled pork sandwich, chef salad, salt potatoes, and homemade dessert. It starts at 4pm until its gone. Price is \$10.00. Sign up now! 315-638-2171. This dinner is to raise money for our 50th Anniversary celebration on September 25th 2021. Thank you! Donna & Jeff

Sunshine Lady

Janet Wojnovich is the **Sunshine Lady** for Canton Woods. Janet would like to hear from you if you know of someone who is not feeling well, had a hospital stay, or has had a family member pass away. Please call **Janet at 315-638-2957** or **Please let the Staff or Office Volunteers know too!!**
Get Well and/or Thinking of You Wishes were sent to Diane Boylan. A sympathy card was sent to Jacki Abbott for the passing of her mother-in-law.

Memorial Giving

Canton Woods is giving you the opportunity to donate to the Center through Memorial Giving.

Enclosed is my gift of \$ _____
In Memory of _____
Your name _____
Your address _____

Make checks payable to Canton Woods Senior Center, Inc.
Send to: Canton Woods Senior Center
76 Canton St. Baldwinsville, NY 13027

Summer Entertainment

Series2021! Thank you to our 2021 Sponsors!

Barnes Memorials, Belle Tours LLC, and Falardeau Funeral Home.

They make the music possible!

August concert!

John Vona, Piano Music

everyone will enjoy.

Thursday, July 19th at 2:00pm.

This is an indoor concert.

Canton Woods 11th Annual Car Show!!!

August 23rd, 2021, 5:00-7:30pm

At Canton Woods grounds!!

Rain date: Monday, August 30, 2021. Classic Cars, music, raffles, and fun.

PEACE LUNCH

Indoor dining at Canton Woods will resume on Monday August 23! The meal is served at noon.

Grab and Go Peace Lunch will end on

Friday August 20.

Lunch is available Monday Wednesday and Friday. Reservation required.

August Birthdays:

As you know we are updating our birthday list so please call or e-mail your birthday month and day.

jferstler@baldwinsville.org/
(315) 638-4536.

8/3 Margaret DeTran
8/14 Betty Ball



On your birthday, (or very very close), stop
by Jessicakes
3 Marble St. Baldwinsville
for a FREE birthday cupcake!
Jessicakes 315-484-8228

Ice Cream

Thank you for all the Byrne Dairy receipts!
Please keep them coming. Sometimes you
have to ask for one! Note: we cannot use
gas receipts.

Food Bank of CNY

The Food Bank of CNY can help you
receive Food Stamps/ SNAP.
Please call (315) 437-1899 ext. 224 to set
up an appointment or contact Nancy, CW's
Outreach Worker (315) 638-4536.

Food Sense program helps stretch
your food buying dollars and is open to
everyone and available each month.

**Call the center to request the
August Package List.**

Cost: \$20.50

**The order deadline is August 15th by
10:30am**

**The pick-up date is Wednesday, August
25th**

11:30am-12:30pm

**Smartphone, iPad, Tablet or
Laptop Computer Assistance offered by
Nadine Kerr, B'ville Family & Consumer
Science Teacher.**

**Monday August 2nd from 1:00pm to
2:30.**

If you need help figuring out how to use the
calendar, email or going online she is very
familiar with Apple devices as well. Bring
your devices and any questions (it is a good
idea to write them down) and Nadine will
try to help you! Unfortunately, Nadine
cannot help with a Trac Phone due to poor
quality and not being user friendly.

**Please call in advance to schedule a
20minute appointment. 315-638-4536.**

BINGO!!!

***BINGO! Wednesdays and Fridays
at 1pm.***

Pitch is now every Thursday at 1:00pm!
Call to sign up, double check the
calendar.

Pinochle Games:

Mondays, August 2nd, 16th & 30th at
1:00pm.

Call to sign up.

Wii Bowling T'ments: Monday,
August 9th, & Monday, August 23rd at
1:00pm. Call to sign up.

Duplicate Bridge (Tuesday) & Party
Bridge (Wednesday)
Both starting at 12:15.

Blood Pressure Screening:

On Fridays at 9:30am. Check Calendar
for Dates!

Art Group

Art group will meet in person on Tuesday

August 3rd and Tuesday August 17th at 2pm. The art group will meet in the pavilion weather permitting otherwise inside the center.

Falls Prevention Class

Classes are on Tuesdays and Thursdays at 10:00 a.m. **FREE!** The instructor is a licensed physical therapist. DVD featuring the instructor will be used during the summer.

Kripalu "Chair Optional" Yoga lead by Yvonne Martin Certified Kripalu Yoga Teacher:

Classes held Thursday mornings. Resuming in the Fall.

Tai' Chi Classes

Classes are held Tuesdays and Thursdays at 8:00 a.m. Charges are payable to instructor. Please check the calendar for dates.

Zumba is returning this Fall, check calendar for dates!

CW Exercise Class

Aerobics work out designed for seniors will resume in September!

Chair Massage to resume in September on Tuesdays. Please mark your calendar and plan to make an appointment.

Sharing Memories Writing Program!

Every Wednesday at 1:00pm. Facilitated by Tina Trainham. Please come with writing material and your memories!

How about getting together for Adult Coloring!?

Wednesdays at 10:30am.

Free Legal Services

Legal services are available at Canton Woods on several Tuesdays in the

calendar year. The next available appointments will be August 3rd. Call the center to make an appointment (315) 638-4536. You must be a resident of Onondaga County and at least 60 years old to participate in this program.

August 2021 Library News

"Check out" our new arrivals in the Canton Woods Library!

While Justice Sleeps (S. Abrams)

Gambling Man (D. Balducci)

Find You First (L. Barclay)

Ready Player Two (E. Cline)

Tom Clancy: Target Acquired (D. Bentley)

The President's Daughter (B. Clinton/J. Patterson)

Saboteurs (C. Cussler)

Sooley (J. Grisham)

Golden Girl (E. Hilderbrand)

Reunion Beach (E. Hilderbrand)

21st Birthday (J. Patterson)

Legacy (N. Roberts)

Ocean Prey (J. Sandford)

Eternal (L. Scottoline)

Finding Ashley (D. Steel)

Death in the Family (T. Wegert)

Seven Days in June (T. Williams)

Crafty Corner

Every week when I walk into the storeroom that the YARN CREW has at Canton Woods, I am usually in for a surprise. People leave donations of all different types, so looking through boxes and bags makes it like it is Christmas morning for me. This past week, I went into the storeroom and there was a huge plastic bag left in the room. I opened it up, and to my amazement, inside were so many beautiful afghans that I was left speechless (for me that is unheard of, but don't worry, it didn't last long). Someone put so much work and effort into those and unfortunately, no one

at the center seems to remember who left them. Please know we are just so thankful to have these afghans. They will be making their way to various places to warm the hearts of those who need them. We also want to save out a couple to have at our Christmas craft sale either to sell or raffle off. They are so beautiful. The colors are cheerful and bright, and believe me, while showing them to the group, no one could agree on which one was the most beautiful because the next one I pulled out of the bag was just as beautiful as the one before it. If you made these and dropped them off, please contact us!! 315-638-4536.

YARN CREW meets on Tuesdays at 10:00am.

If you would like to be a remote member of the YARN CREW, please contact the center. We will supply you with yarn and supplies, you can use your own pattern, or we can give you one.

STAY TUNED FOR INFORMATION CONCERNING OUR FUND-RAISING CRAFT SALE CHANGES ARE IN THE AIR....

Edwina.

Book Club News

While Justice Sleeps by Stacy Abrams

Unfortunately, many of us have busy lives and were unable to read the book, however a couple very diligent members read the book and were able to fill in the rest of the group. Stacy Abrams is very much in the political spotlight these days. She ran for governor of Georgia, but lost; however, she was determined to get out the minority votes in Georgia, resulting in a change of the political structure of the state. Using her

political knowledge and her experience as an author, Abrams has created a book full of intrigue, twists and turns, leaving one reader feeling the book required a map. At times there were so many plot lines that it was confusing to understand; maybe that's why it took her 12 years to write the book. She used many family members to research their areas of expertise and acknowledged them, but she most likely wrote from experience when including back room dealings and behind-the-scenes decisions. Showing the readers and solidifying the options of those who find politics to be less than forthright, the politician is a complicated animal.' A young law clerk, the protagonist of the story, is left to decipher a cryptic message a Supreme Court Justice in the throes of a stroke, gives her, before he lapses into a coma. Her journey to decipher this message and clues it leaves is the basis for the plot.

Those who read the book felt that Abrams definitely left the ending open so a sequel could follow. Those who read this book found it interesting and entertaining despite the convoluted plot and said they might read the sequel to see what happens to the characters left in limbo.

Our next meeting is August 17th at 2pm. We will be discussing The Personal Librarian by Maria Benedict and Victoria Christopher Murray. It is a fictional account centered around a woman hired to curate a library collection for the Pierpont Morgan Library built by JP Morgan. In this position, it gives Belle de Costa Green, a place in society and she becomes a powerhouse in the art

world. However, this could all come tumbling down should her biggest secret be discovered. *Edwina*

HOPE YOU ALL WILL JOIN US AND
NEW MEMBERS ARE ALWAYS
WELCOME!

Baldwinsville Public Library COVID-19 MEMORY PROJECT

Baldwinsville Public Library is putting together a COVID-19 Memory Project and we want to hear from you! We'd like to know how you coped with the pandemic. Do you have any memories of this last year that you'd like to share? Did you work on any projects (sewing, art, writing, etc..) that you'd be willing to display at the library in October? This has been an unprecedented year and now that we're coming out of it, we want to commemorate what we've all been through. For more information or to sign up to participate, contact Canton Woods. The center will help arrange a time for you to speak with Nancy Howe or Jacquie Owens of BPL.

Canton Woods operates under a three way municipal agreement between the towns of Lysander and Van Buren, and the Village of Baldwinsville.

Bottle & Can Drive McBrides Bottle Return

Your nickels will add up to help your Center.

There are now two ways to contribute! The Canton Woods Board, Senior Activity Committee has an ongoing bottle and can collection program. Any bottles or cans placed in the bottle and can collection boxes at the center are returned for the deposit. The funds benefit you through your Senior Activity Committee.

In addition to the collection program at the center, you and your family members may return bottles and cans to McBride's Bottle and Can Return, 80 Smokey Hollow Rd. Let the clerk know you are donating your returns to Canton Woods Senior Center. They will credit the amounts to Canton Woods Senior Center account. Thank you for participating in these fundraising events.

Senior Words of Wisdom

"I avoid looking forward or backward, and try to keep looking upward." Charolette Bronte.

"I don't want to get to the end of my life and find that I lived just the length of it. I want to have lived the width of it as well." Diane Ackerman

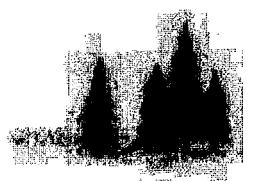
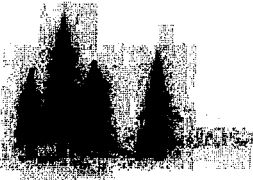
"We become what we think about most of the time, and that's the strangest secret." Earl Nightingale

CANTON WOODS August 2021

| Sun | Monday | Tuesday | Wednesday | Thursday | Friday | Sat |
|-----------|---|--|--|---|---|-----------|
| 1 | 8:30-12 Open 2 Rec 10 HiCAP Representative 1 Pinochle 1 Scrabble 1 iPhone Computer Instruction | 8 Tai Chi 3 9:30 Canasta & Rummikub 10 Falls Class 10 Yarn Crew 12:15 Dup Bridge 2 Art Group | 9-11:30 Mah Jong 4 10:30 Adult Coloring 1 Bingo 12:15 Party Bridge 1-3 Sharing Memories Writing Program | 8 Tai Chi 5 10 Falls Class Video 1 Pitch | 8:30-12 Open Rec 6 1 Bingo 1 8 Ball T'ment | 7 |
| 8 | 8:30-12 Open 9 Rec 1 Wii Bowling 1 Scrabble | 8 Tai Chi 10 9:30 Canasta & Rummikub 10 Falls Class 10 Yarn Crew 12:15 Dup Bridge T'ment | 9-11:30 Mah Jong 11 10:30 Adult Coloring 1 Bingo 12:15 Party Bridge 1-3 Sharing Memories Writing Program | 8 Tai Chi 12 10 Falls Class Video 1 Pitch | 8:30-12 Open Rec 13 1 Bingo 1 Bean Bag Toss T'ment | 14 |
| 15 | 8:30-12 Open 16 Rec 1 Pinochle 1 Scrabble | 8 Tai Chi 17 9:30 Canasta & Rummikub 10 Falls Class 10 Yarn Crew 12:15 Dup Bridge 1 Art Group 1 Book Club | 9-11:30 Mah Jong 18 10:30 Adult Coloring 1 Bingo 12:15 Party Bridge T'ment 1-3 Sharing Memories Writing Program | 8 Tai Chi 19 10 Falls Class Video 11:30 Pitch 2 Music by John Vona (indoors) | 8:30-12 Open Rec 20 9:30 BP Screening 1 Bingo 1 9 Ball T'ment | 21 |
| 22 | 8:30-12 Open 23 Rec 1 Wii Bowling T'ment 1 Scrabble 5-7:30pm Car Show | 8 Tai Chi 24 9:30 Canasta & Rummikub 10 Falls Class 10 Yarn Crew 12:15 Dup Bridge | 9-11:30 Mah Jong 25 10:30 Adult Coloring 1 Bingo 12:15 Party Bridge 1-3 Sharing Memories Writing Program | 8 Tai Chi 26 10 Falls Class Video 1 Pitch | 8:30-12 Open Rec 27 1 Bingo 1 Dart's T'ment | 28 |
| 29 | 8:30-12 Open 30 Rec 1 Pinochle 1 Scrabble 5-7:30pm Car Show Rain date | 8 Tai Chi 31 9:30 Canasta & Rummikub 10 Falls Class 10 Yarn Crew 12:15 Dup Bridge | | | | |

August concert!
John Vona, Piano
Music everyone will
enjoy.

Thursday, July 19th at
2:00pm. This is an
indoor concert.



Walk for the Woods 2021!

Canton Woods Senior Center

Celebrating National Senior Center Month

Walk for the Woods 2021!

In Person Walk

Saturday September 18 at 9:00am

Virtual Walk

September 1- September 30!

All proceeds benefit Canton Woods Senior Center

Registration Form

Name: _____

Address: _____

Phone: _____ Email: _____

Registration fee \$10.00 _____ Additional Donations \$ _____

T-Shirt size ___ small ___ medium ___ large ___ X-large ___ XX large ___ XXX large

All registered walkers will receive a FREE T-shirt when the walk concludes.

I am not able to walk but would like to order a Walk T-Shirt!

Small, Medium, Large, and X-Large \$12.00 XX Large and XXX-Large \$14.00

Please forward all registration fees, donations, and T-shirt orders to:

Canton Woods 76 Canton St., Baldwinsville 13027

Make checks payable to: ***Canton Woods Senior Center***

Thank you for supporting our Center!

Travel Reflections

Hi everyone! It's hard to believe August is here. This hot summer is flying by! Folks are signing up for all the upcoming trips. Fall travel will be in full force this year! It is such a great feeling to be able to be back on the road with our friends. The center has reopened with lots of fun activities.

There is still room on the Cape Cod and Lancaster trips. If you are interested in the Classical Danube or the South American Adventure trip, call me and I will send you a flyer.

Until next month, take care and God Bless.

*Please include your phone #
on all checks as well as food
choice if applicable*

Love,
Jacki

Contact me for the trip
of your life!
(315) 415-0040

September 16, 2021 **RAQUETTE LAKE - September 16, 2021 - THURSDAY**

It's time for our first day trip since March of 2020! Autumn would not be complete without a visit to the Adirondack Mountains. This trip takes us to Raquette Lake aboard the WW Durant where we will enjoy a delicious luncheon and a boat ride. We will have some free time in Old Forge before we depart from home. This trip includes: Deluxe Hale Transportation; luncheon and cruise; all taxes and gratuities. Fully escorted by Jacki Abbott.

COST: \$120 per person payable to "Belle Tours LLC". Bus Pick-Ups: 8:00am @ Canton Woods. Please arrive 10 minutes before departure. Arrive home around 6:30pm.

NEW TRIP!

"ALL YOU NEED IS LOVE" - October 21, 2021 - THURSDAY

Join us for a musical afternoon at The Cabaret at Studio B in Albion, NY. Prior to the show, we will visit Killmans Historic Village Inn for a delicious luncheon. This Day Out includes: Deluxe Hale Transportation; lunch; show tickets, all taxes and gratuities. Fully escorted by Jacki Abbott. Lunch choices include: 1. Beef on a Kimmelwick, 2. Hot Turkey or, 3. Broiled Haddock Almondine.

COST: \$129 per person payable to "Belle Tours LLC". Bus Pick-Ups: 9:00am @ Larkin Street, 9:30am @ Canton Woods. Please arrive 10 minutes before departure. Arrive home around 6:00pm after a quick stop.

CAPE COD - Whales, Seals, and Pilgrim History - September 20th - 24th 2021

Our fall trip for 2021 takes us to beautiful Cape Cod for five glorious days. This trip includes: Deluxe Hale Transportation; 4 nights at the Red Jacket Blue Water beach resort in S. Yarmouth; Welcome reception upon arrival; Guided tours of Hyannis, Provincetown, Martha's Vineyard, Chatham, and Plymouth; Ferry passage to Martha's Vineyard; A whale Watch or Dune Tour while in Provincetown; Admission on a Seal Watch excursion; Admission to the Atwood House Museum, and the Pilgrim Hall Museum; 4 breakfasts at the hotel; 2 dinners; 1 lobster dinner (other options available); 1 dinner with entertainment; All taxes, gratuities, and room taxes. Escorted by Jacki Abbott.

COST: \$1,125 per person (DOUBLE) - \$1,045 (TRIPLE) - \$1,395 (SINGLE) payable to "Belle Tours LLC". All Money Due Now. All checks payable to Belle Tours, LLC. There is a \$100 nonrefundable cancellation fee.

SIGN UP ANYTIME AT THE CENTER or SEND TO JACKI ABBOTT - 132 PLYMOUTH DRIVE - SYRACUSE, NY 13206

LANCASTER

October 12th - 14th, 2021 3 Days/ 2 Nights



Lancaster is back in business with an exciting new show at the Sight and Sound Theatre. "Queen Esther" is a captivating tale of beauty and bravery. Experience one of the most riveting Bible stories of the Old Testament as it comes to life with magnificent sets, special effects and live animals in this brand-new, original stage production. This tour includes: Deluxe Hale Transportation; 2 nights @ the Eden Resort; Tickets to Esther; Chalk Talk; Amish armlands with a stop at a quilt and craft shop; A country surprise; Shady Maple Smorgasbord; Hometown Kitchen dinner where we will eat in Buggy's; and 2 breakfasts.

COST:

\$575 /per person

(Based on double occupancy)

\$540 /per person

(Based on triple occupancy)

\$685 /per person

(Based on single occupancy)

A deposit of \$75 (non-refundable) is needed to sign up. Final balance is due August 5th, 2021. All payable to Belle Tours LLC.

SPOTLIGHT on NEW ORLEANS

March 20th - 24th, 2022 5 Days/ 4 Nights



Join us as we are finally able to travel to the Jazz Capital of the World! "The Big Easy", New Orleans. This five day trip includes: Hometown pickup at Canton Woods Senior Center to and from the airport; Round trip air to and from Syracuse; Air taxes, fees, and surcharges; Hotel transfers; 4 nights at Royal Sonesta Hotel; 4 breakfasts; 2 dinners; Panoramic city tour; Cooking demonstration with dinner at the New Orleans School of Cooking; Walking tour of the French Quarter or explore the exhibitions and galleries at the Historic New Orleans Collection followed by a visit to the Bevolo Gaslight Museum and Workshop; A Louisiana Swamp Cruise; Dinner at The Court of Two Sisters and a soaring jazz revue at a local club in the French Quarter.

Book by October 20th, 2021 and SAVE \$150 per person!

COST (Before 10/20/21):

\$2,199 /per person

(Based on double occupancy)

\$2,599 /per person

(Based on single occupancy)

Cancellation Insurance is available for an additional \$199 per person

A deposit of \$600 is needed to sign up. All payable to "Belle Tours, LLC". Final balance is due January 19, 2021. Sign up any time at the center or call Jacki @ (315) 415-0040 or mail to Jacki Abbott - 132 Plymouth Drive, Syracuse, NY 13206

DISCOVER SOUTHERN ITALY & SICILY

April 2nd - 16th, 2022



Italy is up and ready for visitors! This 15 day trip includes: Roundtrip airfare to and from pick up at Canton Woods; Air taxes, fees, and surcharges; Hotel transfers; 1 breakfast, 1 lunch, and 8 dinners; 13 nights hotel accommodations; visits to Palermo, choice of tour of Monreale Agrigento, Valley of the Temples; Mt. Etna Volcano, Giardini Naxos, Taormina, Matera, Pompeii, Sorrento, Amalfi Coast, Montecassino, and 2 nights in Rome. **Complete detailed itinerary is available upon request.**

****BOOK by October 3rd, 2021 and SAVE \$350 per person!****

COST:

\$5,098 /per person

(Based on double occupancy)

\$5,998 /per person

(Based on single occupancy)

****These prices increase by \$350 if sign up is after 10/3/21. Cancellation Insurance is available for an additional \$399 per person.**

All payable to Belle Tours LLC.

COMING SOON!

CALL JACKI FOR DETAILS ON BOTH TRIPS

CLASSICAL DANUBE

w/ PASSION PLAY

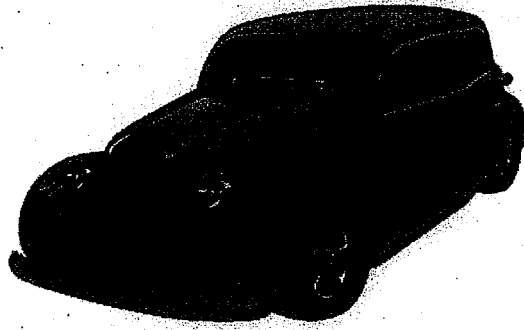
June 28th - July 8th, 2022

AMEDEUS RIVER CRUISE on the MS. AMADEUS STAR.

SOUTH AMERICAN ADVENTURE

Brazil - Argentina - Chile

October 11th, 2022



**Canton Woods 11th Annual
Car Show**

August 23rd 5:00pm-7:30pm

Canton Woods 76 Canton St.

Baldwinsville, N.Y. 13027 638-4536

**The evening will include: Beautiful Cars & Trucks,
Food for Sale, Prizes, Raffles, Music & Fun!**

Entry forms available at Canton Woods -- Entry fee \$10. for each car entered.

Car Show winners to be announced at 7:00pm

**Categories for Car Show: Oldest entry, Fans Favorite, Senior
Activity Committee's Choice**

Rain Date: Monday August 30, 2021

Please come and enjoy the family event at Canton Woods!

Baldwinsville Public Library Book Sale

August 6th-8th

Friday 9-5 Sat. 10-4 Sunday 12-4

33 E. Genesee St. Baldwinsville, NY

August 2021

315 638 4536

| PEACE, INC. - FSD | SENIOR NUTRITION | OFFICE FOR AGING & YOUTH |
|--|--|--|
| MONDAY | WEDNESDAY | FRIDAY |
| 2 Golden Chicken Quarter Red Skin Potatoes Capri Blend Vegetables Wheat Bread Margarine Milk Fresh Orange | 4 Baked Ham Scalloped Potatoes California Blend Wheat Bread Margarine Milk Tropical Fruit Salad | 6 Meat Lasagna Broccoli Italian Bread Margarine Milk Cookie |
| 9 Roast Pork / Gravy Mashed Potatoes Pea's / Pearl Onions Wheat Bread Margarine Milk Fresh Cantaloupe | 11 Tuna Salad on Wheat Kaiser Roll Vegetable Pasta Salad Whole Wheat Bun Milk Diced Peaches | 13 Spanish Rice Casserole Broccoli Florets Dinner Roll Margarine Milk Cookie |
| 16 Chicken Ala King Mixed Vegetables Biscuit Milk Diced Peaches | 18 Romaine Salad with Grilled Chicken Caesar Dressing Dinner Roll Margarine Milk Cookie | 20 Meatball Marinara Pasta Italian Green Beans Italian Bread Margarine Milk Cookie |
| 23 Beef Stroganoff Egg Noodles Green Beans Wheat Bread Margarine Milk Applesauce | 25 Macaroni and Cheese Peas and Carrots Wheat Bread Margarine Milk Mandarin Oranges | 27 Beef Pot Roast with Gravy Mashed Potatoes Green Beans Wheat Bread Milk Fruit Cocktail |
| 30 Chicken Riggies Cut Asparagus Wheat Bread Margarine Milk Pineapple Tidbits | | |

All Meals include: Coffee, Tea, Milk
Bread, and Margarine

Menus meet 1/3 of RDA
Menu is Subject to Change

Suggested Contribution:
\$3.50



Canton Woods 11th Annual Car Show

August 23rd 5:00-7:30pm

At Canton Woods 76 Canton St.

Baldwinsville, N.Y. 13027

315-638-4536

Entry Form:

Name:

Address:

Phone:

Cell:

E-mail:

Vehicle Make:

Vehicle Model:

Vehicle Year:

Vehicle Name:

Entry Fee: __\$10.00 per entry

The evening will include Food For Sale, Entertainment,
Prizes and Raffles!

Car Show winners to be announced at approximately 7:00pm

Categories for Car Show: Oldest Entry, Fans Favorite, &
Senior Activity Committee's Choice.

Rain Date: Monday August 30, 2021

No Alcoholic Beverages on Canton Woods Property.

Please come and enjoy the family event at Canton Woods!