



Walk for the Woods 2020!

Canton Woods Senior Center

Celebrating National Senior Center Month

Senior Centers: Delivering Vital Connections!

Walk for the Woods 2020!

September 1- September 30!

Promoting Wellness at any age!

All proceeds benefit Canton Woods Senior Center

Walk Any Day, Any Time, Any Place!

Walk for the Woods on the best day, at the best time for you!

Walk for the Woods, on your treadmill, in your neighborhood or in one of our many parks!

Registration Form

Name: _____

Address: _____

Phone: _____ Email: _____

Registration fee \$10.00 _____ Additional Donations \$ _____

T-Shirt size ___ small ___ medium ___ large ___ X-large ___ XX large ___ XXX large

All registered walkers will receive a FREE T-shirt when the walk concludes.

I am not able to walk, but would like to order a Walk T-Shirt!

Small, Medium, Large, and X-Large \$12.00 XX Large and XXX-Large \$14.00

Please forward all registration fees, donations and T-shirt orders to:

Canton Woods 76 Canton St., Baldwinsville 13027

Make checks payable to: ***Canton Woods Senior Center***

Thank you for supporting our Center!